### Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

#### Classroom and School

- Curriculum and tools to identify strengths, interests and values and connections to career
- Personalized learning experiences and activities to unlock students strengths and potential

### **Career Awareness**

### **Learning ABOUT a wide variety of careers**

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

#### Classroom and School

- Career contextual instruction
- Exposure to career pathways
- Projects
- Building a "love of learning"

### **Career Exploration**

# Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

#### **Classroom and School**

- Courses, experiences and clubs
- Pathway exploration
- Integrated curriculum
- Classroom simulations
- Career-focused projects, assignments and assessments
- Building skills and habits of mind needed for HS, college, and career success, including "21st Century" skills

### **Career Preparation**

### **Learning THROUGH work**

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

#### Classroom and School

- Core academic preparation
- Career technical courses and programs
- Career-related project-based learning
- College and career portfolio that carries forward from year to year
- Building skills and habits of mind needed for HS, college, and career success, including "21st Century" skills

### **Learning about ONESELF**

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

#### **Classroom and School**

- Curriculum and tools to identify strengths, interests and values and connections to career
- Career Interest/strength/values assessment
- Personalized learning experiences and activities to unlock students strengths and potential

### **Parent Engagement**

 Exposure of parents to the concept of career and educational options through selfawareness

### **Career Awareness**

### **Learning ABOUT a wide variety of careers**

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

#### **Classroom and School**

**About Careers** 

- Web Research
- Career interest/strength/values/assessment
- Exposure to career pathways

**About Postsecondary Education** 

• College awareness and building expectations about future college attendance

#### **Parent Engagement**

- Parent career workshops and review of career pathway maps
- Labor market information provided to parents to help guide and support students in the exploration of their interests.

### **Career Exploration**

# Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

#### **Classroom and School**

**About Careers** 

- Career plan development
- Financial literacy

**About Postsecondary Education** 

- College exploration
- Building skills and habits of mind needed for HS, college, and career success, including "21st Century" skills

### **Parent Engagement**

- Parent review of career pathway maps to facilitate children's pathway selection; guidance on how to coach their children
- Labor market information provided to parents to help guide and support students in the exploration of their career pathway interests.
- Guidance to parents on college and career resources

### **Career Preparation**

### **Learning THROUGH work**

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

#### Classroom and School

**About Careers** 

- Career plan development
- Financial literacy
- College and career portfolio that carries forward from year to year

About Postsecondary Education

- College exploration
- Introduction to education planning
- Building skills and habits of mind needed for HS, college, and career success, including "21st Century" skills

### **Parent Engagement**

- Engagement of parents in decisions about career pathway selection
- Participation of parents in pathway activities
- Guidance to parents on how to coach their children in preparation for postsecondary
- Engagement of parents in decisions about postsecondary options in view of children's career interests

San Diego and Imperial Counties
MS Career Development Continuum Final 11/30/2018

### **Learning about ONESELF**

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

#### **Experiences might include:**

- Industry tours
- Guest speakers
- Adult role models
- Role model observation
- Progression of responsibility
- Service activities

### Career Awareness

## Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain and succeed in a career; broaden student options.

### **Experiences might include:**

- Guest speakers
- Industry tours
- Career Fairs
- Visit parents at work

### **Career Exploration**

# Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school and postsecondary education.

#### **Experiences might include:**

- Informational interview
- Job shadow
- Virtual exchange with a partner
- Professional mentor through a industry focused student organization
- Civic engagement/community service

### **Career Preparation**

### **Learning THROUGH work**

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

#### **Experiences might include:**

- Integrated project with multiple interactions with professionals
- Student-run enterprise with partner involvement
- Virtual experiences with industry
- Projects with partners through industry focused student organization
- Service learning and social enterprises with partners
- Work simulations connected to curriculum

### Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

#### **Experiences may include:**

- Experiencing self as "belonging" among those who attend college, by seeing and speaking with peer role models in college
- Guest speakers from postsecondary
- Links to community-based organizations and clubs that expose students to postsecondary opportunities in areas of interest

### Career Awareness

## Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

#### **Experiences may include:**

• Guest speakers from postsecondary

### **Career Exploration**

# Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

### **Experiences may include:**

- Guest speakers from postsecondary
- Interviews with college students
- College tours

### **Career Preparation**

### **Learning THROUGH work**

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

#### **Experiences may include:**

- Guest speakers from postsecondary
- Interviews with college students
- College tours
- College fairs, including interviews with college admissions officers