Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

Classroom and School

- Curriculum and tools to identify strengths, interests and values and connections to career
- Personalized learning experiences and activities to unlock students' strengths and potential
- Building students' sense of themselves as "college and career bound"

Career Awareness

Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

Classroom and School

- Career contextual instruction
- Exposure to career pathways
- Projects
- Building skills and habits of mind needed for HS, college, career, and life success, including social-emotional and "21st Century" skills
- Building a "love of learning"
- Building respect for all work

Career Exploration

Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

Classroom and School

- Courses, experiences and clubs
- Pathway exploration
- Integrated curriculum
- Classroom simulations
- Career-focused projects, assignments and assessments
- Building skills and habits of mind needed for HS, college, and career, and life success, including social-emotional and "21st Century" skills

Career Preparation

Learning THROUGH work

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

Classroom and School

- Core academic preparation
- Career technical courses and programs
- Career-related project-based learning
- College and career portfolio that carries forward from year to year
- Building skills and habits of mind needed for HS, college, and career, and life success, including social-emotional and "21st Century" skills

Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

Classroom and School

- Curriculum and tools to identify strengths, interests and values and connections to career
- Career Interest/strength/values assessment
- Personalized learning experiences and activities to unlock students' strengths and potential

Family Engagement

 Exposure of parents and guardians to the concept of career and educational options through self-awareness

Career Awareness

Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

Classroom and School

About Careers

- Web Research
- Use of valid, reliable, and reputable career interest/strength/values assessments, supported by qualified career advising
- Exposure to career pathways

About Postsecondary Education

 College awareness and building expectations about future college attendance

Family Engagement

- Parent/guardian career workshops and review of career pathway maps, with focus on engaging parents/guardians meaningfully through their own experiences and completion of career assessments as appropriate
- Labor market information provided to parents to help guide and support students in the exploration of their interests

Career Exploration

Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

Classroom and School

About Careers

- Career plan development
- Financial literacy

About Postsecondary Education

• College exploration

Family Engagement

- Parent/guardian review of career pathway maps to facilitate children's pathway selection; guidance on how to coach their children
- Labor market information provided to parents and guardians to help guide and support students in the exploration of their career pathway interests.
- Guidance to parents and guardians on college and career resources

Career Preparation

Learning THROUGH work

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

Classroom and School

About Careers

- Career plan development
- Financial literacy
- College and career portfolio that carries forward from year to year

About Postsecondary Education

- College exploration
- Introduction to education planning

Family Engagement

- Engagement of parents and guardians in decisions about career pathway selection
- Participation of parents and guardians in pathway activities
- Guidance to parents and guardians on how to coach their children in preparation for postsecondary
- Engagement of parents and guardians in decisions about postsecondary options in view of children's career interests

San Diego and Imperial Counties
MS Career Development Continuum 12/21/18

Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

Experiences might include:

- Industry tours
- Guest speakers
- Adult role models
- Role model observation
- Progression of responsibility
- Service activities

Career Awareness

Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain and succeed in a career; broaden student options.

Experiences might include:

- Guest speakers
- Industry tours
- Career Fairs
- Visit parents at work

Career Exploration

Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school and postsecondary education.

Experiences might include:

- Informational interview
- Job shadow
- Virtual exchange with a partner
- Professional mentor through a industry focused student organization
- Civic engagement/community service

Career Preparation

Learning THROUGH work

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

Experiences might include:

- Integrated project with multiple interactions with professionals
- Student-run enterprise with partner involvement
- Virtual experiences with industry
- Projects with partners through industry focused student organization
- Service learning and social enterprises with partners

Learning about ONESELF

Build awareness of strengths, interests and values and connect this information to future purpose and career through reflection and related metacognitive activities.

Experiences may include:

- Experiencing self as "belonging" among those who attend college, by seeing and speaking with peer role models in college
- Guest speakers from postsecondary
- Links to community-based organizations and clubs that expose students to postsecondary opportunities in areas of interest

Career Awareness

Learning ABOUT a wide variety of careers

Build awareness of the variety of careers available and the preparation required to obtain a career; broaden student options.

Experiences may include:

Guest speakers from postsecondary

Career Exploration

Learning ABOUT work and exploring, research and planning for career

Explore career and post-secondary options for the purpose of motivating students and to inform their decision making in secondary school through postsecondary education.

Experiences may include:

- Guest speakers from postsecondary
- Interviews with college students
- College tours

Career Preparation

Learning THROUGH work

Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education.

Experiences may include:

- Guest speakers from postsecondary
- Interviews with college students
- College tours
- College fairs, including interviews with college admissions officers